



ANYONE, PERIOD The views expressed in this book do not necessarily represent the policies and opinions of Mennistings? The getager of this volume recommends that readers fall a is directly involved in their care or the case of a member of the infantity Copyright 1994. The Sidran Press. Scribbled w/Graffiti, 2005,

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International Standard Book Number: 0-9629164-3-9 Library of Congress Card Catalogue Number: 93-46388 Printed in the United States of America Sessions, Deborah. NOT YOUR MONKEY

Somebody Else ; illustrations by Susan Chalkley.

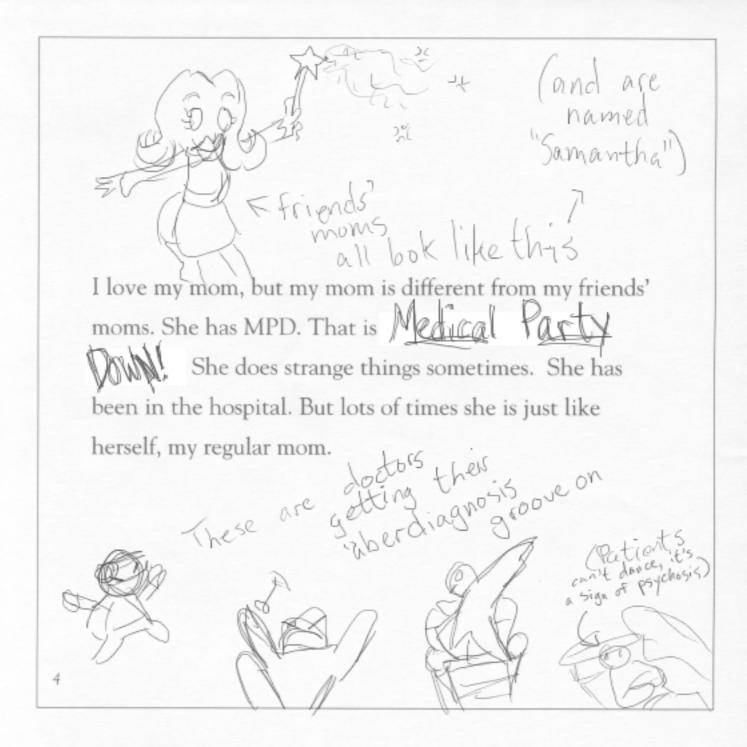
р. cm ISBN 0-9629164-3-9: \$8.95

1. Multiple personality-Juvenile literature. 2. Children of the mentally ill-Juvenile literature. [1. Multiple personality. 2. Mentally ill. 3. Mother and child.] I. Chalkley, Susan, ill. II. Title. RC569.5.M8S47 1994 616.85'236-dc20 93-46388 CIP AC

This parody graffiti defilement of a pretty damn offensive piece of propaganda is dedicated to all nine of my natural birthmoms.

Except for the parts where I swear like a sailor. You didn't see that, okay?





Uh, hey, sorry to bother, but I think we're out of--

GET THEE BACK, PEGGY!

...what the hell's with you?

La la la, I CAN'T HEAR YOUUUUU...

JESUS CHRIST, not this again.

I know she loves me very much because she is always telling me that no matter what she does or says I will always be special to her. This is because she trusts her fellow system members less than a dozen bilge rats with measles. She has MPD because people like to slap labels on things they don't understand, like "gay". She was afraid she would get into trouble if she said anything to anyone, so she kept her system's reality a secret and never told anyone.

'Cause then she got armwrestled onto a therapist's couch.

Come to JEEEEESUS, little lamb! We'll convert all of your people to THE LIGHT!!

Just nod and smile, nod and smile.

ROUUNINA

Oh, great, now Martha's panicking. Lovely.



My mom talks about jerks and idiots now with her therapist. A therapist is a person who knows how to quote the DSM-IV like it was holy scripture dictated by God. A therapist helps people talk about their secrets so they can tell you how fucked-up in the head that you'll always be. I am Lucinda Baalzebub, Ph.D., expert in Dissociative Personality Disorders. BOW BEFORE MY INFAL-LIABLE PROFESSIONAL OPINION!!!



Sometimes I feel scared of my mom's therapist. I feel like I don't know her very well. I wonder what she does with my mom when she goes to the office. I wonder if they talk about me. My mom says they only talk about her memories, but that's a total crock of elephant shit.

My mom says her therapist is a good person and is very important to her. She is my mom's lord and master who helps my mom when she dares treat "delusions" with any measure of dignity or respect. (That's a cardinal sin, you know.)



Talking with her therapist about the past is hard for my mom and lots of times she gets upset. Especially when it's all "not bad enough" and she's forced to lie alot. But she says talking is good for her, even if it makes her cry. That is the only way the f'n therapist will shut up and she can



Sometimes, when the talking is too hard, my mom gets very sad and cries all the time. Other times she won't talk to us or she does strange things. She has even done things to hurt herself. But then the other people in her system stop it before it gets too serious, 'cause it hurts *them*, too. Then she has to go to the hospital for a while. Sometimes it is for a long time but other times it is not very long. But I hate it. I get mad at her for being in the hospital, and for being different from

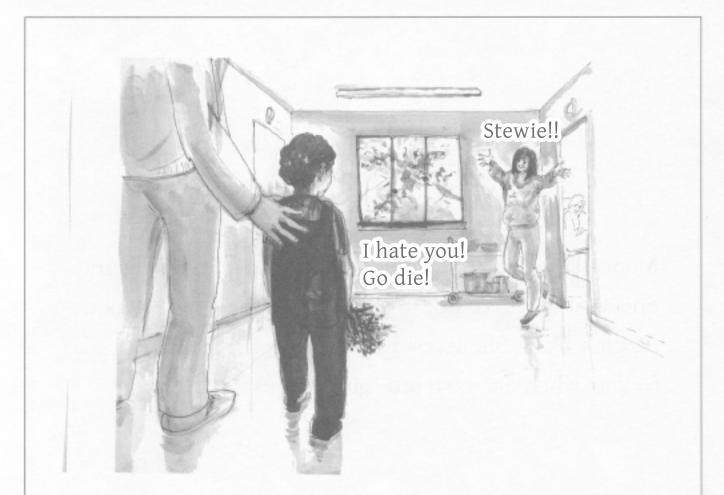
HOW DARE

YOU BE SICK

I HATE YOU, MOM!

other moms who work their butts off at the office, because if they didn't, they couldn't support their children with or without a spouse's salary to supplement expenses.

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I don't like to visit the hospital too much. It makes me sad to see my mom there. When she cries, I don't know what to do. She tells me it helps her when I come to visit her there, so I go. But then I whine like a bitch while I'm there, 'cause I'm an ungrateful little brat who thinks it's okay to be¹³

nasty to someone in a hospital because it's the CRAZEH HOSPITAL!



Mom asks me to tell her how I feel even if it makes her cry. She wants me to be free to tell whatever I feel and to know that it is okay. She says she could never tell about her feelings when she was a little girl. That's because I watch too much TV and watch way too many psycho killer movies, so I really believe all that bullshit about the "instability" of "schizos".

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Wait, if he's an axe murderer, why does he have a knife?

murder

..SHUT UP! I did that on purpose! ...okay, that's it, YOU'RE SO UP FOR ADOPTION, BRATFACE.

Now, now. If he's a brat, it's our own fault for letting him get fed bullshit.

> Gee, now I feel so much better.

You're welcome.

It's your fault you're in the hospital and it proves you suck!

When I cry and say, "I'm mad at you. I want you to come home. I don't want you to be sick anymore," she says she is proud of me for saying how I feel and gives me a hug. And I'm not worried AT ALL that she'll say those things to me'if I break a leg and end up in a hospital myself, or get depressed, or...

Now available from Amazon.com!

My mom's therapist says it may take a long time for her to get well, but most people with MPD do feel better and can be regular moms again. At least, they do in the endpages of her new book, "Fragmented Inner Children of Buddha-Mind". My mom's therapist calls her a "survivor." "Survivor" is a big word. It means that my mom was smart and strong and creative. She found a way to live through the bad things that happened to her. She did it by letting the people who kept bothering her and her system think that they'd won, and then getting the hell out of there as fast as she possibly could.

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16

OF BUDDHA-MIND

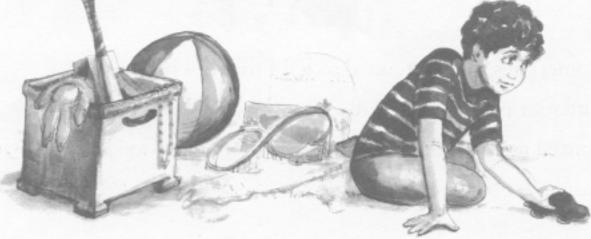
By Lucinda D.

Baalzebub, Ph.D. DDS, OSJ, WTF



My mom's system really helped her though things, though it was hard because everyone was telling her and me that they were imaginary. And they weren't supposed to speak up for themselves, 'cause that was "taking over", even if Mom was all right with it and didn't mind. (What Mom thinks doesn't matter? Huh?) The others in Mom's system are kind of annoyed with this, so sometimes they talk to her and to her therapist. Loudly. My mom's therapist calls those inside people alters. They call themselves *people*, because there's all sorts of people in there, like Lily! I met Lily last Friday. She wanted to play with me. She acted silly, not like my mom at all. I didn't know what to do, so I played games with her and we had fun.

Lily freakin' ROCKS.



My mom says she has more than twenty-six people in her system. She says that sometimes they fight with each other and sometimes they have a lot of fun together, but usually it's really boring, just like living in a big house. Some other people with"MPD"say they have more than 100 people in their systems and we both can't imagine what that would be like. Really crowded, probably.

> And now, THE COMMANDO WOODCHUCK!!

We've got a headaaaache... Take some aaaaspirin...

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Lots of times my mom has trouble believing that she really is in a system and would like them to just go away so people won't think she's crazy or evil. But her therapist says she has to listen to them and find out what happened to them so the alters can learn to work together (and maybe someday get a pony while they're at it, since they already *do* work together but nobody believes them when they say they do). The problem with being in a multiple system is that people get shit-faced scared of you for no reason because they assume that you MUST be JUST LIKE a MOVIE they once saw on TV and that gives them the right to have you put in the hospital when there's nothing wrong and you don't want to go, or to just be outright asses and claim all kinds of nonsense about you and your system behind your back, because you're so OBVIOUSLY' ²¹

a total NUTJOB. (Mom says this is scary and hard to deal with.)

"Sorry, Kid, your Mom's a total attention whore drama queen. I mean, dude, she REALLY THINKS there's TWENTY-SEVEN people living in her body!! So crazy! Now I'm going to kill her and dump her in the river!

> "...whaaat? She'd do it to me if I didn't do it *first!*"

It is hard to have a mom with MPD. I get angry at her for having MPD. When she hurts herself or has to go to the hospital, I get afraid that she has gone away and will never come back. I wonder if she loves me. I feel like no one understands.

And I really miss Lily.

ur all fakr dram aqeens!!!1!! (N FAGOOTS!!)

hotbabediana A/S/L = 17, f, miami fl

Most/people don't know how it really is. Some people think my mom is just "acting." Other people say she must be crazy or they don't believe her. I believe her but I can't talk to my friends about it. They don't understand it. Then again, they still think booger jokes are the height of intelligent humor.

Friend

24

0 0



. okay, no excase For this one.

4



On one of ber bad days I wanted to cheer her up, so I asked if I could make her a cake. She said, "Yes." Soon she was in the kitchen trying to help me. We had a good time making a chocolate cake with lots of frosting. And we ate it all and YOU CAN'T HAVE ANY, HAHAHAHAHA!!!

and

Suckess



My mom says all families have problems and challenges, happy days and sad days. Ours are just different kinds of problems because my mom is different. Just like all other moms, mine is working hard to be the best mom she can be.

In our family we can talk about anything and we can tell each other how we feel. This makes us special. Even though we sometimes have troubles, I think we are a pretty good family because we love each other.

Just like my mom's system.

About the Graffiti Artist

K. "Hawkeye" Hill is a member of the "Flatlanders" multiple system, and the firstborn son of another system consisting of nine sisters. He made this because the unaltered original really pissed him off.



For more information on multiple systems that isn't from the position that they are total whackjobs, consider these resources:

Astraea's Multiplicity Resources and Controversy http://www.astraeasweb.net/plural/

The Layman's Guide to Multiplicity http://www.karitas.net/blackbirds/layman/

Pavilion: Voices of Plurality in Action http://www.karitas.net/pavilion/

These resources are 100% guaranteed to contain less swearing and bitter sarcasm. And the essays are much funnier, too.

--K. "Hawkeye" Hill

My Mom and her System Are Just Fine, Thank You By Deborah Sessions

y Mom Is is an illustrated book written from the point of view of the child of a multiple parent, and is an ideal vehicle with which to introduce the concept of multiplicity to the young children of newly diagnosed parents. This book will help parents, both those who are multiple and those who are not, talk effectively with their children about MPD, addressing how multiplicity works and how it may affect the feelings of the child. Always positive, My Mom Is Different reinforces the idea that, even with the difficulties that dissociation may bring, a family with a multiple parent can be loving, supportive, and nurturing, and problems can be overcome.



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